

**NHS****East Cheshire
NHS Trust****Library & Knowledge Service***Broadening your Horizons*

Keeping you up-to-date with

News and current awareness

GP and Commissioner Update: 28th November-4th December 2017

Electronic resources



Welcome to *GP and Commissioner Update*. The aims of this publication are:

To bring together a range of recently-published news items on a range of topics from a variety of sources, to help GPs and Commissioners keep up with current news at a glance.

To remind readers of *GP and Commissioner Update* of the services available from the Library and Knowledge Service – we can supply you with 1:1 or small group skills training in searching for an evidence base; obtain full-text articles for you; or provide services in evidence searching to help you with your research tasks.

To respond to your information needs – if you have any suggestions on the type of information sources you would find helpful in future editions of *GP and Commissioner Update*, then please let us know – contact details are below.

Athens

The Athens portal allows you to download the full text of articles, where the Trust has a subscription to the appropriate publisher. These are noted at the end of an abstract. You will need an Athens username and password to use the system, to register please log on to: <https://openathens.nice.org.uk/>

If you are new to Athens and would like help in registering and starting to use Athens, please contact [Steve Collman](mailto:steve.collman@nhs.net) (Community Outreach Librarian) who can come to your workplace and help you get started. Please email steve.collman@nhs.net, or phone 01625 661547/01270 612538 to make an appointment!

Library and Knowledge Service

We are located on 2nd floor, New Alderley House. We are staffed from 8.30 am – 5.00 pm Monday-Thursday and 8.30 am – 4.30 pm on Friday.

Website: <http://www.eastcheshirenhslibrary.net/>

General library enquiries: 01625 66 1362 or ecn-tr.stafflibrary@nhs.net

JET Library

We are located opposite the main entrance to the hospital, next door to the Post Graduate Centre. We are staffed 8.30am—5pm Monday-Friday.

Website: <http://www.mcht.nhs.uk/research/jetlibrary/>

General library enquiries: 01270 612538 or lr.leighton@chester.ac.uk

Steve Collman

Community Outreach Librarian: 01625 661547/01270 612538, email: steve.collman@nhs.net (providing training and literature searches). Please send me your feedback on 'GP and Commissioner Update'

Cheshire local news

Children to get access to mental health support in schools—Jeremy Hunt [\(CNG\)](#)

Children in England will be able to access mental health support in their school or college under Government plans to transform the treatment of mental illness in young people

Northwich man to feature in BBC documentary about mental health [\(Crewe and Nantwich Guardian\)](#)

In 2016 BBC's Newsbeat team began a search for young adults with a history of mental health issues to feature in its documentary, My Mind and Me

Widnes Vikings win prestigious NHS award for reducing A&E admissions with imaginative video campaign [\(Crewe and Nantwich Guardian\)](#)

Players featured in a series of creative videos to urge the public to select the services that are most appropriate to their need when they suffer illnesses or injuries

Hunt unveils plans for coroners to investigate full-term stillbirths [\(Crewe and Nantwich Guardian\)](#)

Coroners could investigate full-term stillbirths for the first time under plans unveiled by the Health Secretary

NHS may stop providing series of services without more funds, officials suggest [\(CNG\)](#)

A series of services may no longer be provided by the NHS and waiting times could soar unless the health service gets more money, officials have indicated

UK care home sector facing £1bn a year funding gap, competition watchdog warns [\(CNG\)](#)

The UK care home market is grappling with an unsustainable £1 billion a year funding gap that could spark a string of closures across the nation, the competition watchdog has warned

What is scarlet fever and what are the signs to look out for? [\(Crewe and Nantwich Guardian\)](#)

AN unprecedented rise in scarlet fever has been recorded in England with the highest incidences for nearly 50 years, new research shows

First 'virtual clinic' in Cheshire launches at Leighton Hospital [\(Crewe and Nantwich Guardian\)](#)

FRACTURE patients are set to benefit from fewer hospital visits and shorter waiting times following the arrival of a new 'virtual clinic' at Leighton Hospital

Restrictions on blood donations from gay men to be eased [\(Crewe and Nantwich Guardian\)](#)

Gay men will be allowed to donate blood three months after having sex instead of a year under new rules coming into force today

Tributes paid to campaigning and fundraising stalwart, Gary Steele [\(Crewe Chronicle\)](#)

Gary Steele MBE was the founder of the Leighton Hospital Prostate Cancer Support Group, and served as the group chairman for 17 years

Health matters: High blood pressure [\(Macclesfield Express\)](#)

An article by Dr Mike Clark, clinical lead for health improvement at NHS Eastern Cheshire CCG, and GP with High Street Surgery, Macclesfield

Town to lose mental health or dementia inpatient service [\(Macclesfield Express\)](#)

The Trust in charge says they can't afford to keep the Millbrook Unit running and patients will have to choose which service to keep

Fears for respite care in Macclesfield under council plans to slash beds [\(Macclesfield Express\)](#)

The council is cutting its respite care beds for carers to access for vulnerable loved-ones

Health matters — Flu jabs [\(Macclesfield Express\)](#)

An article by Dr Julia Huddart, clinical lead for urgent care at NHS Eastern Cheshire CCG

Doctor-patient contact

Practices continue to drop private work in face of growing workload [\(GP Online\)](#)

Just over one in five GP practices have stopped providing non-NHS services in the past 12 months because of rising workload, a survey suggests

Discuss effect of weight loss on RA outcomes with patients, study recommends [\(Pulse\)](#)

GPs should discuss the impact that being overweight has on treatment outcomes with rheumatoid arthritis patients, a new study has recommended

Online consultations might not be 'a silver bullet' for GPs [\(DigitalHealth\)](#)

The chief executive of eConsult has admitted that online consultations 'may not be a silver bullet' after research revealed low patient interaction

Patients to be screened before booking urgent GP appointments [\(Pulse\)](#)

Patients will be screened by the NHS 24 telephone advice service before being allowed to make same-day GP appointments under a trial scheme

Illnesses/treatments

New drug substantially reduces migraine symptoms, finds study [\(Pulse\)](#)

Half of the episodic migraine patients given a new drug, Erenumab, experienced significantly fewer days with migraine symptoms, according to a new study

Asthma sufferers urged to wear scarves in cold to stop attacks [\(BBC\)](#)

Breathing in cold, damp air can make the airways tighten and trigger an attack in three out of four people, charity Asthma UK says

1.4 million people referred to NHS mental health therapy in the past year [\(NHS England\)](#)

Of the 1.4 million new referrals for talking therapies as part of NHS England's Increasing Access to Talking Therapies (IAPT) programme, 965,000 people began treatment, a 32,000 rise on patient numbers from the year before

GPs to face ban on prescribing for self-limiting illnesses [\(Pulse\)](#)

NHS England will ban GPs from prescribing for 34 self-limiting conditions under proposals to be released in the new year

NHS confirms low value treatment blacklist and plans OTC prescribing limits [\(GP Online\)](#)

GPs should no longer prescribe 18 'low value treatments', including fish oil, herbal remedies and homeopathy, and could face further restrictions on prescribing OTC medicines for self-limiting conditions in the new year, NHS England has said

The 18 things on NHS England's prescribing blacklist [\(GP Online\)](#)

Guidance from NHS England and NHS Clinical Commissioners recommends that the following 18 items are no longer prescribed on the NHS

GPs should use spirometry and FeNO tests to diagnose asthma, says NICE [\(Pulse\)](#)

GPs should carry out objective testing to diagnose suspected asthma, rather than simply relying on symptoms, suggest new guidelines from NICE

Viagra to become over-the-counter medicine, MHRA rules [\(Pulse\)](#)

Viagra (sildenafil) will become available in pharmacies without a prescription, the Medicines and Healthcare Products Regulatory Agency (MHRA) has announced

Guided self help should be first-line therapy for binge-eating disorder, NICE recommends [\(Pulse\)](#)

Patients with binge eating disorders should participate in guided self-help programmes as a first-line treatment option, according to a draft quality standard released by NICE

EPS to be piloted in urgent care settings [\(PCC\)](#)

NHS Digital and partners will shortly begin trialling use of the Electronic Prescription Service (EPS) by prescribers in urgent care settings

Commissioning

Trust chief exec appointed to lead 'advanced' STP [\(HSJ\)](#)

A trust chief with more than 20 years experience has been appointed "executive lead" of the Buckinghamshire, Oxfordshire and Berkshire West sustainability and transformation partnership

Template to assess CCG uptake of best value biological medicines [\(NHS Networks\)](#)

Pharmacists have developed a template to assess CCG uptake of best value biological medicines

Clearer contracting rules for post-exposure prophylaxis with antiviral drugs for flu-like illness [\(NHS Networks\)](#)

NHS England has published guidelines which set out the contractual position for primary care in terms of administering anti-flu drugs

Nurse staffing levels will determine NHS winter capacity [\(HSJ\)](#)

Nurse staffing levels will be the "determining factor" for NHS trusts in opening extra capacity to cope with winter pressures

CCGs in line for £500m deficit, NHS England warns [\(HSJ\)](#)

NHS England has warned clinical commissioning groups are likely to report a combined in-year deficit of more than £500m, despite making "unprecedented" levels of efficiency savings

Social care economic evaluation methods [\(CCG Alert\)](#)

A review of the evidence around the methods available for use in undertaking economic evaluation of social care interventions, the methods in development, the methods challenges faced and the methods gaps

NHS England accepts deficit forecasts for 14 CCGs [\(HSJ\)](#)

NHS England has accepted revised financial forecasts from 14 clinical commissioning groups, its mid-year report shows

Technical requirements for 2017/18 GMS contract changes—version 3 [\(PCC\)](#)

NHS Employers has updated its document setting out technical requirements for the 2017/18 GMS contract

Some assembly required: implementing new models of care [\(CCG Alert\)](#)

Based on first-hand accounts from clinicians and managers who developed and implemented new care models

Quality, technology and other areas

How personalised support is helping GP trainees pass re-sits of the CSA and AKT [\(GP Online\)](#)

New ways of preparing for the MRCGP have dramatically improved the success rates of GP trainees re-sitting their exams

State-backed GP indemnity scheme to be administered by NHS Resolution [\(GP Online\)](#)

The DH has confirmed that NHS Resolution - the organisation that runs the health service's indemnity scheme for hospital doctors - has been appointed to administer a state-backed indemnity scheme for GPs

GP equality campaigner honoured at General Practice Awards [\(Pulse\)](#)

Equality campaigner Professor Aneez Esmail won a lifetime achievement award at the General Practice Awards in London last night

College reassured GPs will retain freedom to prescribe following NHS England board meeting [\(RCGP\)](#)

Professor Helen Stokes-Lampard has responded to an NHS England board meeting in which the prescription of low-value medications was discussed

HEE pledges £10 million to help trainee doctors return to work [\(Pulse\)](#)

Health Education England is investing £10 million in a new scheme to help trainee doctors return to training after taking time out

Single-hander crowned GP of the year after turning 'red-rated' practice around [\(Pulse\)](#)

A single-hander GP in Nottinghamshire has won Pulse's GP of the Year award for completely turning around a struggling practice under very challenging circumstances

Denigration of general practice rife in medical training, warns RCGP report [\(GP Online\)](#)

Medical students are being put off GP careers because more than three quarters hear senior clinicians, trainers or academics expressing negative views about general practice before their final year at medical school, a report has warned



Mid Cheshire Hospitals
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